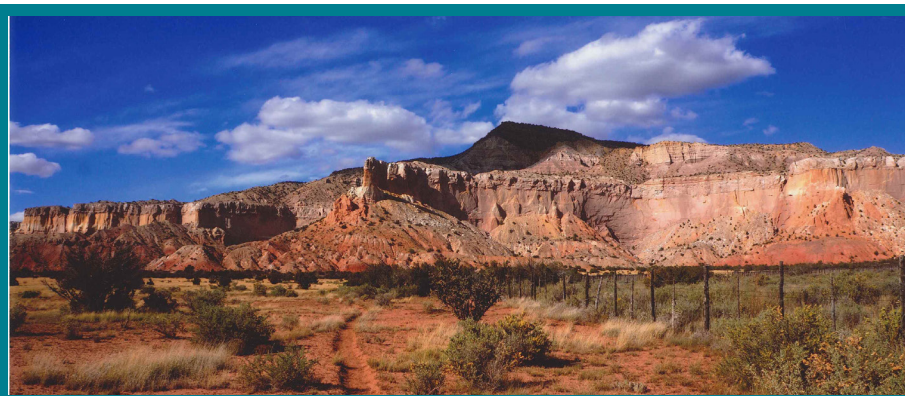




EDUCATION & RETREAT CENTER



### About Ghost Ranch

Ghost Ranch, 21,000 acres located in Northern New Mexico, is an ecumenical and interfaith education and retreat center of the Presbyterian Church (USA). For over half a century, people have come here for spiritual development, to discuss issues of peace and justice, to work together in creation care, to paint and write, to hike and to ride horseback, to research rich and globally renowned archeological and fossil quarries, to see where Georgia O'Keeffe painted, to try something new or to simply rest and renew their spirits.

**REGISTER  
NOW**

**GHOSTRANCH.ORG** or call the Registrar  
Office at 505.685.1001 or 505.685.1017

## LISTENING TO THE DESERT AND YOUR OWN INNER VOICE

**Sunday, August 20–Friday, August 25, 2017**

G17CDS851 - All Inclusive, Private Bath \$1,180, Shared Bath: \$1,030,  
Single Occupancy Hermitage: \$1,300, Camping: \$590, Commuter: \$720

Art, nature and meditation can be a transformative path to get closer to our inner voice and feelings. Working in such a strong nature as the Southwest in the region around Ghost Ranch, we can meet feelings of grief and loss, our fears as well as deep gratitude and peace and coming to new decisions for our personal life. We will work in this retreat with meditation, exercises of self-compassion and awareness, imagery, painting and writing out of our heart outside in nature or in the studio. We will also get inspirations by reflecting how famous artists like Georgia O'Keeffe and Agnes Martin worked and lived in this landscape and found new solutions for their work and life.

**Held at the Casa del Sol Spiritual Retreat House at Ghost Ranch.**



**INSTRUCTOR: Sabina Fritzsche** is a painter, art instructor and art therapist with over 30 years experience of teaching art in Europe having had many single and group exhibitions in Europe. In teaching art, she wants to accompany and open people for their inner richness and resources. She also worked for many years as an art therapist in hospitals and was teaching students in art therapy. Her own painting is a meditative process. She is working and living in Switzerland and fell in love with the Southwestern landscape by staying and traveling many times in the area.